



# Guidelines - First Aid Room





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### EMERGENCY CONTACT NOS:

FIRE	997
AMBULANCE	998
POLICE	999



### **APPOINT FIRST AIDER**

- Appoint a part time first aider (prior to commencement of the project) for less than 50 employees working at site.
- Appoint one full time first aider for more than 50 employees (including subcontractors' personnel).
- Appoint male nurse for every 1000 workers employed.

## DISPLAY EMERGENCY CONTACT NOS.

- Telephone numbers of hospitals or ambulances and police shall be displayed at conspicuous places.
- Display name & contact no of the first aider at the site office & other prominent places.

### FIRST AID BOX / CUPBOARD

- First aid box shall be placed in a clearly identified and readily accessible location.
- It should contain a sufficient quantity of suitable first-aid materials.
- Ensure that the contents of the first-aid box or cupboard are protected from dampness and dust.





### FIRST AID ROOM

- Provide suitable staff & equipped first-aid room when there are more than 250 persons working at the site.
- Dispose off the expired medicines in an environmentally friendly and health & hygiene way.

#### **ACCIDENT REGISTER**

- Provide and maintain Accident Register to record all the first-aid cases.
- Keep track of the number of man days lost through work related accidents.

#### FIRST AID FACILITY

- Contents of the first-aid box / cupboard shall be as per the Table # (2) & (3) mentioned in the DM code of Construction safety practice.
- First-aid facilities shall meet the requirements specified in the EPSS Technical Guidelines No.25.

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